

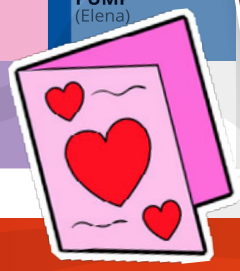
**FEBRERO FEBRUARY**

**Del 12 al 18 de Febrero** From the 12th to the 18th of February

**Sala 1** clases colectivas · group lessons

	Lunes Monday	Martes Tuesday	Miércoles Wednesday	Jueves Thursday	Viernes Friday	Sábado Saturday	Domingo Sunday
09:30	<b>PILATES</b> (Mari)	<b>GAP</b> (Mari)	<b>FITBALL TONO</b> (Mari)	<b>TONIFICACIÓN</b> (Mari)	<b>BALANCE</b> (Mari)		
10:30	<b>TONIFICACIÓN</b> (Mari)	<b>BALANCE</b> (Mari)	<b>PILATES</b> (Mari)	<b>PILATES</b> (Mari)	<b>CORE TRAINING</b> (Mari)		
18:30							
19:00	<b>GAP</b> (Elena)	<b>COMBAT</b> (Anja)	<b>TONIFICACIÓN</b> (Elena)	<b>FITBALL TONO-Elena</b> (Elena)	<b>PUMP</b> (Elena)		
20:00	<b>HATHA YOGA</b> (Mar)	<b>PILATES</b> (Anja)	<b>HATHA YOGA</b> (Mar)	<b>PILATES</b> (Mari)			

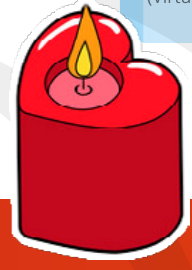
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**Sala 2** Ciclo indoor

09:10		<b>CICLO VIRTUAL</b> (Virtual)		<b>CICLO VIRTUAL</b> (Virtual)		
10:00			<b>CICLO VIRTUAL</b> (Virtual)	<b>CICLO VIRTUAL</b> (Virtual)	<b>CICLO VIRTUAL</b> (Virtual)	<b>CICLO VIRTUAL</b> (Virtual)
19:00		<b>CICLO VIRTUAL</b> (Virtual)	<b>CICLO VIRTUAL</b> (Virtual)		<b>CICLO VIRTUAL</b> (Virtual)	
20:15						

**SOLICITA AL MONITOR  
TU CLASE VIRTUAL EN  
CUALQUIER MOMENTO**  
ASK THE MONITOR FOR YOUR  
VIRTUAL CLASS AT ANY TIME



**Sala Cross** Cross Training

19:00	<b>CROSS TRAINING</b> (Alejandro)		<b>CROSS TRAINING</b> (Alejandro)	
20:00	<b>CROSS TRAINING</b> (Alejandro)	<b>CROSS TRAINING-Elena</b> (Elena)	<b>CROSS TRAINING</b> (Alejandro)	<b>CROSS TRAINING-Elena</b> (Elena)

